

Centralian Girls Academy

Centralian Middle School

- Newsletter 2017 - Term 4



Last Term in Girls Academy

In week 10 of last term we had two fun last days. We had our 'Happy Birthday Month' cake on Thursday the 28th to celebrate the girls' birthdays that fell in September. On Friday the 29th, we finished off the term with 'Big Brekky' where we cooked up pancakes for the girls and staff of Centralian Middle School. The girls then got to top their pancakes with frozen berries, ice cream, honey, strawberry jam and golden syrup.



Welcome back for Term 4

We have a very busy term planned with a lot happening in the Girls Academy program and within CMS. We are going to be trialing a ShineGIRL program across all year levels during our contact times this term. This program looks at the girls developing an understanding of their own personal worth, strength and purpose.



On Friday 13th, we took girls to the 'Stress Less in The Park' community event. This event was for mental health week. There were many organizations involved that got the girls to do things that showed how they could manage stress, such as, making their own stress balls, doing paintings, making balloon animals and making slime. It was a great opportunity for our girls to see the different organizations that they can access in the Alice Springs Community. On Tuesday 17th we had after school activity which was rock wall climbing. Most of the girls hadn't done it before, many girls made it to the top and all the girls had so much fun. We'll be doing it again next week for the girls who had missed out, and for the remainder of the term we will be doing our activities with Yirara girls Academy.

